



Friday 13<sup>th</sup> January 2023

Edition 15

## CHANCELLOR PARK WEEKLY NEWSLETTER



Dear Parents

Happy New Year and welcome back! I do hope everyone had a happy and healthy Christmas and New Year break.

We are looking forward to this term with the promise of exciting topics and class events planned for the Spring.

### Clubs for Spring term



I am pleased to attach our Clubs Menu for this term. Clubs begin Monday 23<sup>rd</sup> January. Please remember all applications to attend clubs must be sent to the class teachers using the email addresses on the clubs' letter **by Monday 16<sup>th</sup> at the latest.**



Clubs SpringTerm  
2023.pdf

### Gymnastics trial

If your child would like to try out for the KS1 Gymnastics competition, please can they attend the practice session on Friday 20<sup>th</sup> January 3.30-4. From this, 8 children will be selected, and a letter will follow (w/b 23<sup>rd</sup>) letting you know whether your child has been successful. I will work with the team to prepare a routine for the KS1 Gymnastics competition on Tuesday 21<sup>st</sup> March. Please can children only attend the try out if they will be committed to attend the club every week if successful.

Thank you, Mrs Pammen

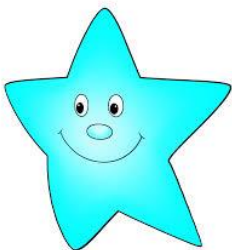
### Free Healthy Start Vouchers for Families

We have been asked to share this link with families to check if they qualify for free Healthy Start Vouchers.

With Healthy Start you may be able to get free vouchers every week to spend on milk, fresh and frozen

vegetables and infant formula milk. You can also get free vitamins for yourself and your children. If you are

pregnant and/or have children under the age of 4 and are on benefits, you could qualify. Please follow this link for more details [Get help to buy food and milk \(Healthy Start\)](#)



### Blue stars of the week

This week staff have identified the following children for their exceptional efforts in promoting our core values and school rules:

**Oscar (Class R), Alexander D (Class 1), Deya (Class 2), Isaac (Class 3),  
Matteo (Class 4), Jorgie (Class 5), and Amelie (Class 6)**

**Happy Birthday to:**

**Skye J (Class 6) 11**

**Mario D (Class 3) 8**

**Stanley W (Class 1) 6**

**Teddy C (Class 5) 10**

**Kai V (Class 4) 9**



**Next week:**

A quiet week so far!

**Forthcoming events**

- Monday 23<sup>rd</sup> January- Clubs start
- Tuesday 24<sup>th</sup> January- Year 1 - Chelmsford museum
- Thursday 26<sup>th</sup> January- Road Safety Talk for Class R and Class 5 – Parents will be invited for Class R @9:00 after drop off- more details to follow
- Friday 10<sup>th</sup> February- Bikeability Year 4 am
- Friday 10<sup>th</sup> February- Love for reading afternoon- Details to follow
- Wednesday 8<sup>th</sup> March -Year 4 Superstars sports competition -Melbourne Stadium
- Thursday 9<sup>th</sup> March- Heights and Weights Class R&6

**Friday 20<sup>th</sup> January is the deadline for Governor applications – see previous newsletter.**

Have a lovely weekend

Mrs Mills



**Menu for next week:  
Week 2**

	Monday	Tuesday	Wednesday	Thursday	Friday Take out
 Dish of the Day	Tomato Pasta Bake	Chicken Fajita	Roast Chicken  Roast potatoes	Mild chili con carne	Butcher's beef burger in a soft roll
Vegetarian Option		Quorn Fajita	Roast Quorn fillet  Roast potatoes	Quorn chili con carne	Southern fried Quorn burger in a soft roll
 Third Option Jacket Potato	Jacket potato with tuna mayo, cheese or beans	Jacket potato with tuna mayo, cheese or beans	Jacket potato with tuna mayo, cheese or beans	Jacket potato with tuna mayo, cheese or beans	Jacket potato with tuna mayo, cheese or beans
Hot Pasta option	Served in a homemade tomato sauce, with vegetables of the day	Served in a homemade tomato sauce, with vegetables of the day	Served in a homemade tomato sauce, with vegetables of the day	Served in a homemade tomato sauce, with vegetables of the day	Served in a homemade tomato sauce, with vegetables of the day
Deli Rolls (KS2 only)	Ham, cheese or tuna mayo. With salad	Ham, cheese or tuna mayo. With salad	Roast chicken baguette with roast potatoes and salad.	Ham, cheese or tuna mayo. With salad	Ham, cheese or tuna mayo. With salad



## STARS OF THE WEEK

Harley (Class R)  
Olivia (Class 1)  
Theo (Class 2)  
Sze Tik (Class 3)  
Aaron (Class 4)  
Jamie Lo (Class 5)  
Jessica (Class 6)

### Miss Wood's Attendance Awards

Well done to Class 1 for 100% attendance this week!

Well done to the following children for 100% attendance last term. They all received a certificate in assembly today.

- **Reception**- Brooke A, Ava C, Jackson C, Leo F, Ivy L, Ava L, Thomas W.
- **Class 1**- Kacper C, Antonella DSB, Isabelle H, Naomi L.
- **Class 2**- Theodore M, Ciara S, Amelia S, Tim Y.
- **Class 3**- Abigail B, Lois F, Harry G, Sadie J, Hayley K, Kutenda M, Long Kiu S, Mollie W.
- **Class 4**- Emily B, Jake J, Cameron L, Temidayo O, Jasper S, Matteo S, Aimee W.
- **Class 5**- Mollie B, Sophia I.
- **Class 6** -



Class R Messages

Show and Tell

Next week's show and Tell group is **Yellow** Group



## E-safety Newsletter – Spring 2023

Following the Christmas period where many of the children will have received new electrical devices – consoles, tablets, phones etc. now is as perfect time as ever, to review parental settings and measures you have in place to help keep your children safe on-line support you to reiterate those e-safety lessons the children receive here in school.



### TALKING TO YOUNGER CHILDREN



According to the latest research from Ofcom, nearly half of all 3-4 year olds have their own tablet (Children and parents: media use and attitudes report 2022) so it is never too early to start chatting to our children about how to stay safe online.

But how can we do this?

Here are some of our suggestions:

Use books to spark conversations. Childnet have created a collection of five 'Digiduck' stories to help you educate your child (aimed at aged 3-7) about online safety. The stories are available here: <https://www.childnet.com/resources/digiduck-stories/>.

In addition, Childnet have created a learning-to-read book for children aged 4 and above titled 'On the internet.' The book also includes puzzles to encourage conversations. The book can be downloaded here: <https://www.childnet.com/resources/a-learning-to-read-book/> Watch Jessie & Friends together



Thinkuknow have created three different animations for three age groups between 4 - 7 years.

Thinkuknow also provide some useful guidance and advice on what else you can do to keep your child safer online, such as setting up appropriate parental controls. You can find out more here: <https://www.thinkuknow.co.uk/parents/jessie-and-friends/>

### BROADBAND PROVIDERS:



#### Broadband set up

Have you set up appropriate settings on your broadband/Wi-Fi?

Most broadband providers include parental controls for free as part of their broadband package, which means that any device that connects to your Wi-Fi will be protected by any controls you set up.

Find out how to set yours up here:

**Sky:** <https://www.sky.com/help/articles/sky-broadband-buddy-start>

**BT:** <https://www.bt.com/help/broadbandTalk> **Talk Talk:** <https://community.talktalk.co.uk/t5/Keeping-your-Family-Safe/bd-p/kfshub>

**Virgin:** <https://www.virginmedia.com/broadband/parental-control>

Users of this guide do so at their own discretion. Links working at time of publishing.

Remember, children may have devices that use mobile data, so they won't always be connected to your ~~wifi~~. Ensure you set up parental controls on these devices too.

Further information: <https://saferinternet.org.uk/guideand-resource/parental-controls-offered-by-your-home-internet-provider>

## Games/consoles

- Check the PEGI rating of any new games to ensure that your child is old enough to be playing them. PEGI provides age classifications for games and considers the age suitability of a game, not the level of difficulty.

<https://www.askaboutgames.com/pegi-age-ratings#:~:text=The%20PEGI%20system%20is%20based,is%20used%20for%20certain%20apps>).

- It is important to note that PEGI do not take into consideration the chat facilities within games. If a game does allow your child to communicate with others, then you can adjust the settings so they are appropriate to your child - or disable it completely.
- For any consoles (new and old), it is important to set up appropriate controls such as restricting spending limits and again managing who they can communicate with. Follow the links below to find out how to set up Parental Controls for each device:



Xbox: <https://www.xbox.com/enGB/community/foreveryone/responsible-gaming>



PS5: <https://www.playstation.com/en-gb/support/account/ps5-parentalcontrols-spendinglimits/>



Nintendo Switch: <https://www.nintendo.co.uk/Hardware/Nintendo-Switch-ParentalControls/NintendoSwitch-ParentalControls-1183145.html>

Be   
Kind

It can be very easy online for children to behave in a way that they wouldn't if they were face to face with each other. Talk to your child about how they are speaking to others online and encourage them to talk to people online with **respect and kindness**, like they would if they were face-to-face.

Ensure that your child understands that if they receive unkind messages (or see something that worries them) then they should not reply or engage in conversation with them, but that they should tell a trusted adult.

Users of this guide do so at their own discretion. Links working at time of publishing.

### Other community events:

*We regularly receive notification of events in the local community which we often believe may be of interest to some of our pupils and families. Please note, Chancellor Park Primary School does not have any direct involvement with the organisation and management of these events and we are purely signposting our parents to them.*

Hosted by  
**PARALLEL**  
SPORTS COACHING

**SCHOOL HOLIDAY FUN FOR KIDS AGED 4 - 11 YEARS!**  
**HELD AT CHANCELLOR PARK PRIMARY SCHOOL**  
Brook-End Road South, Chelmsford, CM2 6PT

**13TH TO 17TH  
FEBRUARY 2023**

**8:00 to 3:30**  
**cost per child,**  
**per day is**  
**£28.50**

**LIMITED SPACES  
AVAILABLE**

**PLEASE EMAIL US AT**  
[bookings@parallelsportscoaching.co.uk](mailto:bookings@parallelsportscoaching.co.uk)  
to request a Registration Pack,  
Activity Programme and information

**EARLY BIRD  
DISCOUNT  
5 DAYS FOR £114\* UNTIL  
31ST JANUARY  
OR 20% SIBLING DISCOUNT  
AVAILABLE**  
\*NORMAL PRICE £142.50

**All sessions led by  
professional,  
experienced,  
DBS checked  
& First Aid  
trained coaches**

**Monday**  
**Football Frenzy!**  
**Nerf Wars!**  
**Games Galore!**

Wear your favourite kit and come along to learn new skills, play football themed games and take part in our tournament.

**Tuesday**  
**Basketball**  
**Archery**  
**Games Galore!**

Come along and learn new skills or improve on existing ones. Lots of fun tricks and moves to be mastered!

**Wednesday**  
**Crazy Golf Day**  
**Nerf War Fun**  
**Games Galore!**

Come along and get creative, designing your own Crazy Golf course. Bring along a suitable cardboard box to make into a component if you wish!

**Thursday**  
**Multi Sports**  
**Dance Games**  
**Games Galore!**

Lets work on our co-ordination, reaction, balance and timing whilst having lots of fun! A variety of activities including archery and mini golf

**RAINBOW PIZZA PARTY!**  
 We invite children to dress up in as many colours as they possible can and join us for lots of fun, games and prizes! Including....  
 Musical statues – Rainbow crafts – Limbo  
 Sports Games – Valentine Scavenger Hunt and much more!!!

**DAILY PLANNER**

8:00 - 9:30	Our trained staff will provide a choice of breakfast including - pancakes, cereal, toast and toppings with milk or juice.	1:00 - 2:00	Activity 3 - as shown on the Activity Programme / FreeTime
9:30 - 10:30	Activity 1 - as shown on the Activity Programme / FreeTime	2:00 - 3:50	FreeTime Children can choose an indoor or outdoor activity for the first 45 minutes. As we head towards the end of the day, the children can wind down with a suitable movie, play some board games, colouring in or take part in a quiet activity set up by our coaches. Parents can collect their children from the hall where they will be asked to sign their child out. <b>LATEST PICK UP IS 3.30PM!</b> An early night will no doubt be required!!
10:30 - 11:00	Snack time - children should bring a healthy snack for this - Fruit, chopped veggies etc and a drink		
11:00 - 12:00	Activity 2 - as shown on the Activity Programme		
12:00 - 1:00	Lunch Time Parents will be required to provide a packed lunch		

**Information**

Our Programme is designed to cater for all sizes and abilities providing 3 main sports, crafts or activities every day. The children will also have access to other sports equipment throughout the week, which they can choose to play with during their freetime. Children are encouraged to take part in everything to gain the full Parallel Sports experience!

Your child will feel safe and secure from the moment they arrive until they are collected. Children can be collected at any time throughout the day, we will ask on arrival the best time for you. Feel free to book one day or a block of days to suit your needs.

All our staff are fully qualified, with full and up to date DBS checks, Paediatric First Aid training and Food and Hygiene Certificates. Their wealth of experience will ensure your child has a fabulous time.

**Nerf Wars** - children can bring their own gun and bullets but these must be clearly labelled with their names. During these sessions the children play in teams and as individuals with targets and themed games.

**Games Galore** - is a great way for children to learn to work as a team or as an individual in different fun games including Camouflage, Capture the Flag, Bulldog, Tag Rugby, Dodgeball and much more!

**Crazy Golf** - children are encouraged to work together to design their own course using equipment and objects available. If possible, please bring in a cardboard box, such as a cereal or food box, that they can adapt to use as part of the course.

**Friday Rainbow Pizza Party** - children may (if they wish) dress up on this day in as many colours as they can! There will be FREE PIZZA provided for lunch and lots of fun games and activities.

**\*BOOK BEFORE 31ST JANUARY TO TAKE ADVANTAGE OF OUR EARLY BIRD DISCOUNT - 5 DAYS FOR £14 (normal price is £143.50!) or 20% SIBLING DISCOUNT AVAILABLE!**

Please provide the following each day:

- Morning Snack and Packed Lunch\*\*
- Re-fillable water bottle
- Water-proof jacket

\*\*Healthy afternoon snacks will be provided. These will include fruit, veggie sticks or yoghurt.

**NO NUTS OR FOODS CONTAINING NUTS TO BE BROUGHT ONTO SITE PLEASE!!**

Please note if your child requires an asthma pump, epi pen or prescribed medicine, we must be made aware at the time of booking. Any medication will need to be brought in to us in it's original packaging with details of dosage etc.

Should a child arrive without their asthma pump or epi pen, we are unable to allow them to enter the club.

**BOOK NOW!**

Email Us at:  
[bookings@parallelsportscoaching.co.uk](mailto:bookings@parallelsportscoaching.co.uk)

Find us on   



# CHELMSFORD CITY FC

## FOOTBALL IN THE COMMUNITY



An NDCS Beef Friendly  
Football Club

### TERM TIME COACHING SESSIONS

<u>DAY</u>	<u>VENUE</u>	<u>AGE</u>	<u>TIME</u>
MONDAY	CHANCELLOR PARK 3G ASTROTURF (FUN GAMES, SKILLS AND MATCHES)	4-12 YRS	5PM-6PM

NEXT BLOCK: FIRST SESSION MON 9<sup>TH</sup> JANUARY 2023

LAST SESSION MON 6<sup>TH</sup> FEBRUARY 2023



MON 5 SESSIONS @ £4 TOTAL £20



FOR INFORMATION RE BACS PAYMENTS PLEASE TEXT OR E-MAIL CHRIS FINCH  
SESSIONS ARE OPEN TO BOYS AND GIRLS

PLEASE LIKE OUR NEW FACEBOOK PAGE: [WWW.FACEBOOK.COM/CHELMSFORDCITYFCFOOTBALLINTHECOMMUNITY](http://WWW.FACEBOOK.COM/CHELMSFORDCITYFCFOOTBALLINTHECOMMUNITY)

FOR FURTHER DETAILS ON ALL COURSES PLEASE CONTACT CHRIS FINCH, COMMUNITY OFFICER ON 07990673213  
OR E-MAIL [stoppercoach@aol.com](mailto:stoppercoach@aol.com). TO RESERVE A PLACE CHEQUES MAY BE SENT TO: FITC, 3 CLARK WAY,  
BROOMFIELD, CHELMSFORD, ESSEX, CM1 7ZS. CHEQUES SHOULD BE MADE PAYABLE TO CHELMSFORD CITY FC.

VENUE.....DAY.....

CHILDS NAME..... DOB.....

ADDRESS.....

MEDICAL PROBLEMS.....

PARENT'S E-MAIL.....

IF YOU DO NOT WISH TO BE SENT INFO ON FUTURE COURSES VIA E-MAIL PLEASE TICK THE BOX

IF YOU DO NOT WISH YOUR CHILD TO BE PHOTOGRAPHED FOR PROMOTIONAL PURPOSES PLEASE TICK THE BOX   
YOUR INFORMATION IS NEVER SHARED WITH ANY THIRD PARTY AND IS ONLY USED IN REGARD TO PROMOTING CCFC FOOTBALL IN THE  
COMMUNITY ACTIVITIES.

PHONE.....EMERGENCY PHONE.....

SCHOOL.....FOOTBALL CLUB.....

I understand that Chelmsford City FC and its employees accept no liability for loss or damage to property or  
personal injury however caused, except by negligence.

Signature: Parent/Guardian.....

J P PLUMBING HEATING  
&  
DRAINAGE  
07584012294

"YOU DON'T HAVE TO BE THE BEST JUST THE BEST THAT YOU CAN BE"  
PLEASE SUPPORT YOUR LOCAL COMMUNITY PROGRAMME  
SUPPORTING FOOTBALL IN THE COMMUNITY



COMMUNITY  
LEAFLET SPRING TERM



“We wanted to help children who needed a stable and safe home.”  
**Foster with our support.**



“It is the most rewarding job you will ever have.”

Fostering offers great flexibility and puts family at its heart. Training is local, support is 24/7 and your family could receive a competitive financial package per child, per week.

Join our fostering community and together we can transform children's lives.

Could you or someone you know foster?  
Get in touch today.

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**recruiting now.**



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