

WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
 Dish of the Day	Macaroni Cheese	Homemade sausage roll	Roast Gammon with a Yorkshire pudding	Nacho chicken (Chicken in tomato sauce topped with nachos and cheese)	Fish fingers
 Vegetarian Option		Meat free sausage roll	Cheese quesadillas	Nacho Quorn fillet	
 Jacket Option	Jacket Potato with Tuna Mayo, Cheese, or Beans with salad	Jacket Potato with Tuna Mayo, Cheese or Beans with salad	Jacket Potato with Tuna Mayo, Cheese or Beans with salad	Jacket Potato with Tuna Mayo, Cheese or Beans with salad	Jacket Potato With Tuna Mayo, Cheese or Beans with salad
 Hot Pasta Option	Served in a homemade tomato sauce, with peas	Served in a homemade tomato sauce, with broccoli	Served in a homemade tomato sauce, with carrots	Served in a homemade tomato sauce, with green beans	Served in a homemade tomato sauce, with peas
 Side dishes	Crusty bread, peas	Mashed potato and broccoli	Roast Potatoes, carrots and cabbage	Wholegrain and white rice, green beans	Chips, baked beans or peas
 Baguette (KS2 only)	Ham, Cheese or Tuna Mayo	Ham, Cheese or Tuna Mayo	Ham, Cheese or Tuna Mayo	Ham, Cheese or Tuna Mayo.	Ham, Cheese or Tuna Mayo.
 Dessert	Fruit Crumble and custard Fruit, Yoghurt or jelly	Angel Delight Fruit, Yoghurt or jelly	Fresh fruit bar Fruit, yoghurt or jelly	Homemade cake Fruit, Yoghurt or jelly	Home baked shortbread Fruit, Yoghurt or jelly
 Drinks	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Apple Juice, Fresh Milk or Water



Here is the Chancellor Park dinner menu –
Starting: Monday 1st November 2021

Good health is important for everyone and there is a national drive to secure, maintain and improve children's and young people's health.

One of the ways of doing this is by setting minimum nutritional standards for lunches for children in schools. Therefore, we have created new menus that are balanced and in line with government health targets and new nutritional standards.

For children of primary school age this means:

- ✓ A balanced diet with variety and enough energy for growth and development
- ✓ Plenty of fruit and vegetables
- ✓ Plenty of fibre rich foods such as bread, pasta and potatoes
- ✓ Not eating too many foods containing lots of fat, especially saturated fat
- ✓ Moderate amounts of meat, fish or alternatives
- ✓ Not having sugary foods and drinks too often.

We have worked hard to ensure that our children are offered high quality meals at an affordable price.

Therefore:

- ✓ All meat and vegetables are fresh and locally sourced
- ✓ All vegetables and salads are fresh and prepared at the school (excluding sweetcorn, peas and green beans)
- ✓ Our food is cooked using oven baking only

HAPPY EATING!

Mrs Watts and her team

WEEK 1

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
 Dish of the Day	Butcher's sausage hotdog	Homemade cheese swirls	Roast chicken with sage and onion stuffing	Spaghetti Bolognese	Fish Fingers
 Vegetarian Option			Meat free Hotdog	Quorn fillet with sage and onion stuffing	Quorn Bolognese
 Jacket Option	Jacket Potato with Tuna Mayo, cheese or beans	Jacket Potato with Tuna Mayo, cheese or beans	Jacket Potato with Tuna Mayo, cheese or beans	Jacket Potato with tuna mayo, cheese, or beans	Jacket Potato with Tuna Mayo, Cheese or beans
 Hot Pasta Option	Served in a homemade tomato sauce, with salad	Served in a homemade tomato sauce, with green beans	Served in a homemade tomato sauce, with vegetables	Served in a homemade tomato sauce, with peas	Served in a homemade tomato sauce, with sweetcorn
Side dishes	Homemade wedges, carrot, cucumber and lettuce	Mashed potato and green beans	Roast potatoes, broccoli, carrots, gravy	Peas and crusty bread	Chips Baked beans or sweetcorn
 Baguette (KS2 only)	Ham, cheese or tuna mayo. With salad	Ham, cheese or tuna mayo. With salad	Chicken baguette, roast potatoes and salad	Ham, cheese or tuna mayo. With salad	Ham, cheese or tuna mayo. With salad
 Desserts	Home baked cake	Homemade flapjack	Fresh fruit bar	Chocolate Mousse	Iced finger bun
	Fruit, yoghurt or jelly	Fruit, yoghurt or jelly	Fruit, yoghurt or jelly	Fruit, yoghurt or jelly	Fruit, yoghurt or jelly
 Drinks	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water

	Monday	Tuesday	Wednesday	Thursday	Friday
 Dish of the Day	Cheese and tomato Pizza	Chicken Korma with Naan	All day breakfast Sausage and bacon	Beef burritos	Chicken nuggets
 Vegetarian Option		Sweet potato and lentil curry with naan	Meat free all day breakfast Meat free sausage	Quorn burritos	Omelette
 Jacket Option	Jacket Potato with Tuna Mayo, cheese or beans	Jacket Potato with Tuna Mayo, cheese or beans	Jacket Potato with Tuna Mayo, cheese or beans	Jacket Potato with tuna mayo, cheese, or beans	Jacket Potato with Tuna Mayo, Cheese or beans
 Hot Pasta Option	Served in a homemade tomato sauce, with salad	Served in a homemade tomato sauce, with salad	Served in a homemade tomato sauce, with salad	Served in a homemade tomato sauce, with salad	Served in a homemade tomato sauce, with salad
Side dishes	Sweetcorn, cucumber, carrot and sultana salad	Wholegrain and white rice and green beans	Baked beans, omelette, hash brown	Wholegrain and white rice and peas	Chips, baked beans or sweetcorn
 Baguette (KS2 only)	Ham, cheese or tuna mayo. With salad	Ham, cheese or tuna mayo. With salad	Bacon roll served with a hash brown	Ham, cheese or tuna mayo, with salad	Ham, cheese or tuna mayo. With salad
 Desserts	Oat cookie	Home baked sponge and custard	Fresh fruit bar	Healthy fruit day	Home baked chocolate brownie
	Fruit, yoghurt or jelly	Fruit, yoghurt or jelly	Fruit, yoghurt or jelly.	Fruit, yoghurt or jelly	Fruit, yoghurt or jelly.
 Drinks	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water	Fresh Milk or Water